



Cheryl Anne Frost

FEB 10, 1961 - JUL 15, 2021



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Cheryl Anne Frost

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Cheryl Unger Frost, 60, of Cooper City, passed away July 15, 2021 with her family by her side.

Beloved wife of Jason Frost; loving mother of Joshua (Veronica), Max, and Cassie; dear sister of Karen, Ted, and Deborah, cherished grandmother of Harper; adored daughter of Marilyn and the late Matthew Unger.

In addition to spending time with her family, Cheryl was a yoga instructor, a flight attendant, a business manager, and an avid fundraiser for the David Posnack JCC.

She brightened the life of everybody she touched.

In lieu of flowers, Cheryl asked that donations be made to the David Posnack JCC, Davie at DPJCC.ORG

Please follow the Zoom link below to view the live funeral service:

[https://www.shiva.com/join-viewneral?](https://www.shiva.com/join-viewneral?jc=10000:g7RtArp8fJ85vMRqj4gRHDHOBMW03qvt:E8JTbN6Wl4NibBhHGktUHA==:5x24XwKLX9YCrojOoncRg==)

[jc=10000:g7RtArp8fJ85vMRqj4gRHDHOBMW03qvt:E8JTbN6Wl4NibBhHGktUHA==:5x24XwKLX9YCrojOoncRg==](https://www.shiva.com/join-viewneral?jc=10000:g7RtArp8fJ85vMRqj4gRHDHOBMW03qvt:E8JTbN6Wl4NibBhHGktUHA==:5x24XwKLX9YCrojOoncRg==)



Tribute Wall

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Christian Nielsen posted:

I went to high school with Cheryl .She was so young and full of life as a student and a Cheerleader
Always smiling

May 17 at 6:58 PM



Jodi Chester posted:

I was a childhood friend of Cheryl's from Maple Lane. I always remember hanging out with her in the evenings and laughing on the corner. I am so terribly sorry to here about her passing. Love to the family from all the Chester family.

August 13 at 5:10 PM



Estrella Kaufman posted:

My daughter Abby went to Embassy Creek with Max and she went to his Bar Mitzvah. My memories of Cheryl is that she was a kind woman and was always very nice to me.

July 24 at 12:48 PM



Levitt-Weinstein Blasberg-Rubin-Zilbertmemorial Chapel shared an album called **Memories Album**.

July 16 at 1:01 PM





Media

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Levitt-Weinstein Blasberg-Rubin-Zilbert Memorial Chapel shared 2 photos to the **Memories Album** album.

July 16 at 1:01 PM





Memories only last if you share them

Join us in honoring Cheryl by contributing to a collection of shared memories.



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